



Car Seats & Safety Belts

- ❖ Only buy car seats that meet DOT requirements.
- ❖ Don't buy used car seats without instructions or DOT label.
 - ❖ Buy a car seat that's easy to use.
- ❖ Not every seat will fit in every car – don't force it.

Newborns (Birth to 1 year at least 20 lbs)

- Must ride in the back seat in rear facing car seat.

Toddlers (1 year and over 20 lbs)

- Forward facing car seat in the back seat.

Small children (4-8 years)

- Keep in convertible or toddler seat as long as they fit.
- Booster seats should position the lap and shoulder correctly.

Big kids (8 years and over or at least 70 lbs)

- Child can use adult lap/shoulder belts when they can sit with knees bent at the seat's edge.

- Seatbelts are your best protection in a crash
- Lap belts should be adjusted low and snug across the pelvis.
- Never position lap belt across your stomach.
- Shoulder belt should cross the chest and collarbone.
- Never place shoulder belt behind your back
- Adult lap / shoulder belt will fit best if you are at least 4'8" tall and 80lbs
- Buckle your seatbelt even if the car has airbags.

